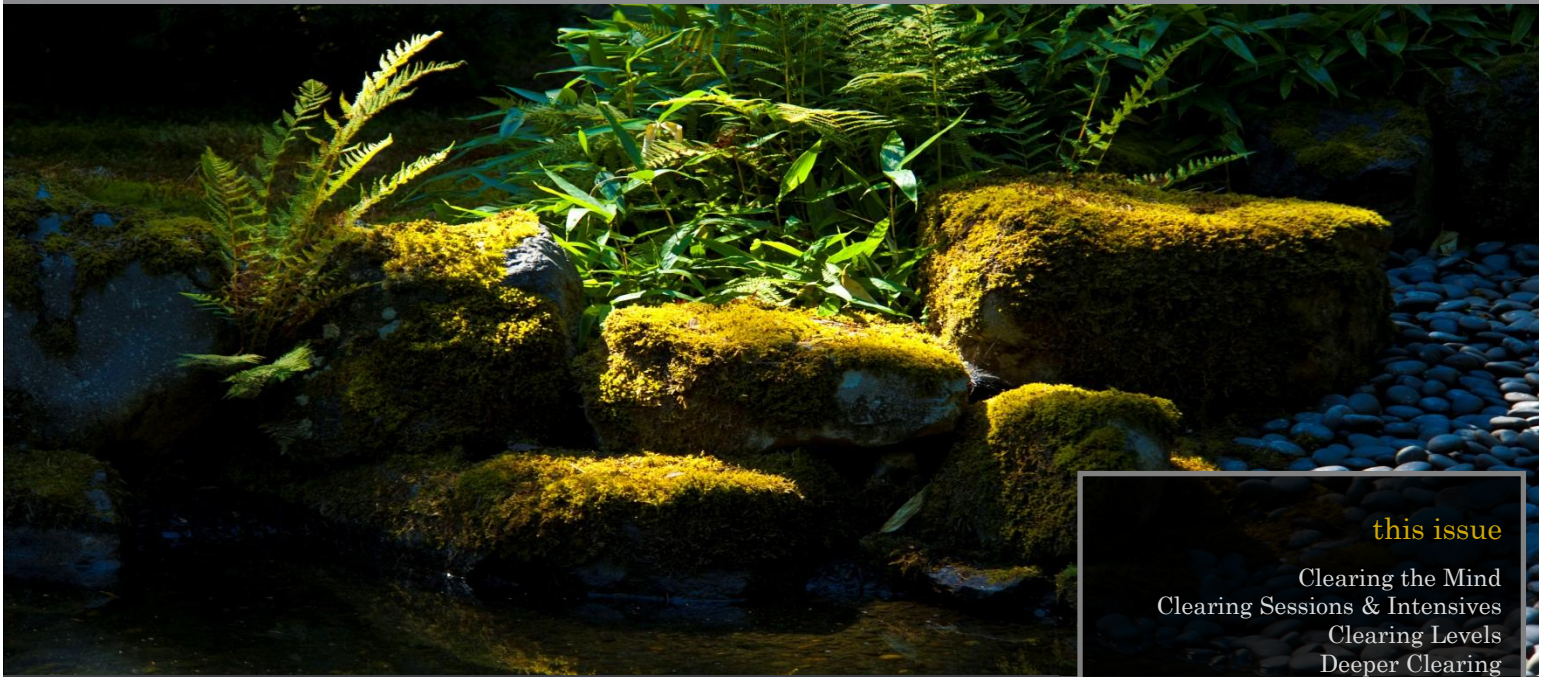


Clearing Report

Authentic Living

ISSUE 1



this issue

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Clearing the Mind

The mind is a complex system of experiences, ideas, identities, chains of trauma and rigid unconscious patterns of perception.

Clearing is a simple and elegant process that helps you to drill down through the layers of the Mind - the hurts, confusions, beliefs, conditioning and attitudes that keep you stuck in patterns and behaviors that no longer serve. Clearing processes work with the programming stuck within the unconscious.

Clearing is a way to clean out whatever interferes with living a more vibrant, connected and impassioned life.

Clearing is at once a meditation practice and a pragmatic tool. Become more effective in all areas of your life by increasing your ability to be in Relationship with anything you are giving your attention towards.

In the process of receiving instructions, contemplating, expressing thoughts and feelings, and being understood, clearing occurs. Seemingly simple processes can provide profound insights and healing.

Within an unusually short amount of time, clients move past frozen states and embrace new and innovative ways to approach their lives.

Clearing Sessions & Clearing Intensives

A clearing session is either 60 or 90 minutes long. It is suggested that as you progress in your clearing journey you move into 90 minute sessions because as you get to deeper levels of the mind it takes longer sessions to progress at those levels.

Clearing Intensives can go to very deep levels of the mind because without long breaks between sessions there is no time for the mind to build up again as life happens. Clearing Intensives are at least five sessions over a two or three day period. A typical intensive is five sessions in three days. Each session is 90 minutes long.

Mini-Intensives are a series of two or three sessions in one day. Each is 90 minutes long.

Clearing Levels

Getting into Real Communication with Others

Clearing is different than counseling because the Clearer works with the Clearee to arrive at their own realizations and decisions. This is the strength of Clearing and almost all Clearees notice the difference in the first few sessions.

In many relationships communication has broken down and people are not having Real communication with each other. The reason this happens is our communication cycles are incomplete. When our cycles are incomplete communication breaks down and we have unreceived communications build up in our minds causing us to become stacked up. This causes a feeling of being unfulfilled or that something is very wrong with either ourselves, the other or the relationship.

Through the process of Clearing clients begin to get an understanding of the communication cycles and how to manage them with others. By learning the communication cycles and practicing them during clearing processes our communication with others improves and we begin to complete our communication cycles. Another byproduct of clearing sessions is that those stacked up communications get communicated to the Clearer and are released from the client's mind which causes freedom from them and more fulfillment in life.

So, not only does clearing get people into real communication but it builds their ability to communicate with others outside of the session context so they can improve the quality of all their communications.

The next area that Clearing helps people in is Current problem Clearing. Current problem clearing is very effective in exploring all the aspects of a problem in life. The Clearer leads the Clearee through the problem in various ways until it becomes clear to the Clearee what the problem truly is and what needs to change so the Clearee can move forward in their lives in regard to problem. Often during Current Problem Clearing the Clearee realizes that the problem has dissolved or that it has become a project they can take "Actions Steps" toward resolving or completing.

Current Problem Clearing is often the natural place for the Clearee to begin their work in Clearing and it is a necessary step to complete so the Clearee can begin to work on deeper issues in their lives. Often the deeper issues are not accessible until these current problems are resolved.

The next area that Clearing is very effective with is releasing guilt and shame. Our own guilt and shame will not allow us to move forward in life. When we are feeling guilt and shame we usually also feel that we do not deserve to be happy or fulfilled and this holds us back in life and undermines our success and happiness. Through Clearing we can release that guilt and shame which opens the way for us to begin moving forward in life again. If there were no other benefits of Clearing this one alone would be worth the journey.



Benefits of Clearing

Transform Stress

Solve current problems

Forward stuck projects

Identify the right kind of livelihood for your own nature, talents and passions

Increase ability to maintain healthy boundaries

Heal from depression

Facilitate bereavement

Improve family gatherings

Increase communication skills, thereby improving ALL relationships

Heal from trauma

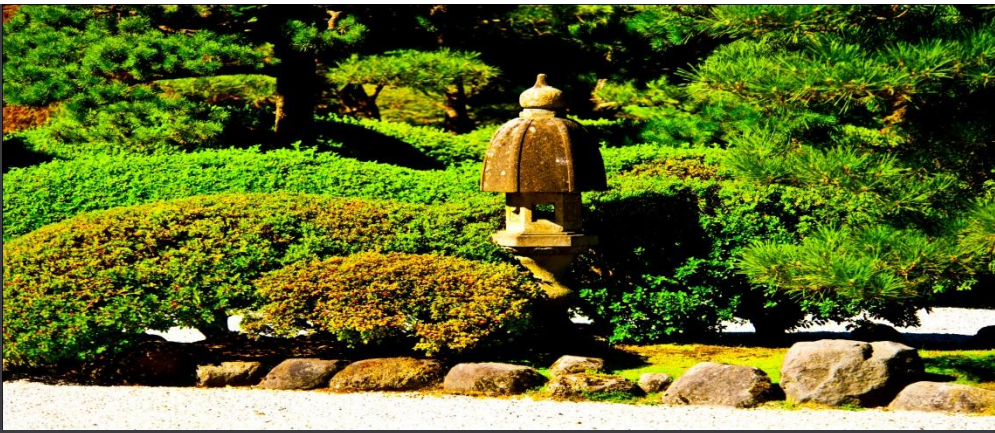
"Disappear" Fix states and chronic attitudes

Dispel guilt

Increase contact with your highest intelligence

Deepen contact with spirit

Clearing can be successfully applied to any subject!



Deeper Clearing

When the Clearee has cleared their current problems, improved their communication skills and is able to get into real communication with others they are then able to do deeper processes in Clearing.

The first of these deeper processes is clearing Deeper Problems. These are problems that are not current but are chronic. These are problems that the Clearee has had for years or all their lives. These are the problems that weigh heavy on a person and do not allow them to move forward in life.

The next area Clearing impacts is Clearing Fixed States or Attitudes. All of us go around in a fixed state – it may be something like “I am bad.” Or “I am good.” It does not matter what state we are going around in – these states interfere with our ability to be our authentic selves. When we are going around in a state it is an automatic way of being that does not allow us to be free. We are usually locked into one state or another and they can run us and our reactions. By clearing these states we become free to choose appropriate states for the situation. We can choose a state of “I am a teacher,” when it is appropriate or any other state that will serve us in the moment. That freedom allows us

to feel we are in control of ourselves and our lives.

Another benefit of Clearing is Recovery of our True State. Most of us feel that somehow we are going through life trying to be a certain way to please others or because we think it is expected of us. Through clearing at deeper levels we begin to discover our true state. Over time we find that we do not need to be a certain way with others but we can be the way are naturally and do not have to be a way for others. There is total freedom in discovering our true state.

The next area we benefit from Clearing is in responsibility. We begin to take greater levels of responsibility in our lives and this leads to more responsibility and power. We start to take more responsibility for things we never considered taking responsibility for in the past. A new level of freedom and power develops in our lives. When we take more responsibility for things in our life we do not feel victimized by the things that happen.

The ultimate goal of Clearing is to be free to be your authentic self and live from that place rather than all our programming and states.

Clearing Processes

Communication to Others is a process where the Clearee is given the opportunity to deliver uncommunicated communications to another in their life. This clears those communications from the Clearee’s mind and allows the Clearee to have more clarity about the other they communicated to.

Model Demo is a process to clear stuck projects. Many of us have projects we are working on or want to work on that are stuck and we cannot seem to move forward. Model Demo is a problem cleaning technique that can open up the project and help the Clearee move it forward.

Trauma Clearing is a process to clear traumatic incidents that affect the clearee. The beauty of this technique is that it follows back the trauma chain to the original incident no matter how far back it is. This technique, much like hypnotherapy, seems to access the subconscious mind where everything we have experienced is stored.

Relationship Clearing is a process that lets the Clearee to resolve past relationship issues. This allows the Clearee to move on from past relationships and open up to bringing a new relationship into their life.

Action Projects are given by the Clearer as part of the Clearing Process. These projects may be anything the Clearer feels will help with the current issue the Clearee is working on. It could be as simple as reading a particular book or as complicated as taking certain steps to move a project forward.



Weekend Workshops

Our Weekend workshops are designed to help people grow and expand in the areas of body, mind, emotions and spiritually.

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Upcoming Events

Dyad Nights

These nights are an introduction to the Enlightenment Intensive and a way for those who have attended Intensives to continue their practice.

Enlightenment Intensives

The Enlightenment Intensive is a modern answer to the question, "Where can I go to directly experience the true nature of life, others and myself?" With one foot rooted in the ancient tradition of Rinzai Zen and the other in the modern dyad process of communication, the Enlightenment Intensive is a three-day retreat capable of producing deep spiritual awakenings at the core. Tell Me Who You Are?

Life Transformation Intensives

This is an EXPERIENTIAL WORKSHOP designed to give you the answers you have been looking for. It meets for six weekends over a six-month period, providing a loving and accepting environment for the challenge of profound personal growth.

The Life Transformation Intensive supports you in your spiritual path, whatever that is. Through the use of a variety of Heart-Centered trance techniques, you will learn to open up to Soul Work and to discover a much broader aspect of who you really are and what your purpose is at this time on earth.

Meditation Nights

An evening with a like-minded group of people in pursuit of Self-Mastery through a variety of meditation techniques.

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